

HYMNS FOR THE SUNDAYS OF LENT

Third Sunday of the Fast: Precious and Life-giving Cross. (March 22nd, 2020)

Troparion/Dismissal Hymn. First Tone

O Lord, save Thy people, and bless Thine inheritance: Grant victories to all Orthodox Christians over their adversaries, and by virtue of Thy Cross, preserve Thy habitation.

Kontakion. Seventh Tone.

No longer doth the flaming sword guard the gate of Eden, for a marvelous quenching is come upon it, even the Tree of the Cross. The sting hath been taken from death, and the victory from Hades. And Thou, my Saviour, hast appeared unto those in Hades, saying: Enter ye again into Paradise.

Fourth Sunday of the Fast: Saint John of the Ladder (Climacus). (March 29th, 2020)

Troparion/Dismissal Hymn. Tone Eight.

With the streams of thy tears, thou didst cultivate the barrenness of the desert; and by thy sighings from the depths, thou didst bear fruit a hundredfold in labours; and thou becamest a luminary, shining with miracles upon the world, O John our righteous Father. Intercede with Christ God that our souls be saved.

Kontakion. Tone One.

As ever-blooming fruits, thou dost offer the teachings * of thy God- given book, O wise John, thou most blessed, * while sweet'ning the hearts of all them that heed it with vigilance; * for it is a ladder from the earth unto Heaven * that conferreth glory on the souls that ascend it * and honour thee faithfully.

Fifth Sunday of the Fast: Saint Mary of Egypt. (April 5th, 2020)

Troparion/Dismissal Hymn. Tone Eight.

In thee the image was preserved with exactness, O Mother; for taking up thy cross, thou didst follow Christ, and by thy deeds thou didst teach us to overlook the flesh, for it passeth away, but to attend to the soul since it is immortal. Wherefore, O righteous Mary, thy spirit rejoiceth with the Angels.

Kontakion. Fourth Tone.

Having escaped the gloom of sin, O blest Mary, * and shining brightly with the light of repentance, * thou didst present thy heart to Christ, O glorious one, * bringing Him His holy and * all-immaculate Mother * as a greatly merciful * and most bold intercessor. * Hence, thou hast found the pardon of thy sins * and with the Angels rejoicest for evermore.

Entry of the Lord into Jerusalem (Palm Sunday). (April 12th, 2020)

Troparion/Dismissal Hymn. First Tone

In confirming the common Resurrection, O Christ God, Thou didst raise up Lazarus from the dead before Thy Passion. Wherefore, we also, like the children, bearing the symbols of victory, cry to Thee, the Vanquisher of death: Hosanna in the highest; blessed is He that cometh in the Name of the Lord.

Kontakion. Plagal of Second Tone

Being borne upon a throne in Heaven, and upon a colt on the earth, O Christ God, Thou didst accept the praise of the Angels and the laudation of the children as they cried to Thee: Blessed art Thou Who comest to recall Adam.