



# All Saints of North America Orthodox Church

MAY & JUNE 2017

*"Ours must be an Orthodoxy of the heart, not just of the mind" - St. Tikhon of Zadonsk*

## HOW DO I PRAY?: Many Answers to a Common Question

In the famous book *The Way of a Pilgrim*, the main character encounters the words from the Gospel, "Pray without ceasing" (1 Thes. 5:17). For him – like most of us – such a demand takes a lifetime, even to begin to fulfil. Yet we have to make an attempt, using the basic building blocks of our life, to try to build a life of prayer from the things we have.

Ironically, those of us who live in the Western world have many more resources at our disposal which can use to perfect our prayer. We must recognize that prayer is simply communion with God – constant and intimate remembrance of God – and any authentic means shown to us by the saints is a worthwhile means of working to achieve this.

In his many audio talks, the Australian Hieromonk Kosmas outlines what we might call the "unexpected" means by which we might gain the grace of God – that is, actions which we can take to overcome our own rebellion and selfishness, in order to get ourselves out of the way to receive that which God already gives us. Of course, such prayer must begin with daily morning and evening prayers using the psalms and the words of the saints, as well as prayers before eating, traveling, and beginning any work.

Yet a full life of prayer must not end there. Our acts of mercy toward others are a primary way of humbling our own ego and drawing closer to Christ, whether through charitable acts, or simple acts of forgiveness toward those who wrong us. Calling out to God in moments of need – *Lord, help me!* – can and should punctuate our days and nights, wherever we are. Remembrance before God of the souls of our loved ones,  
*(Continued...)*



The Feast of  
Saint GEORGE  
*The Victorious*  
APRIL 23rd / May 6th, 2017

## Where to find us

### Church Address

397 Melvin Avenue at Woodward

### Mailing Address

c/o 10 Princip Street  
Hamilton, Ontario L8W 2M3

### Parish Telephone

(905) 318-6436

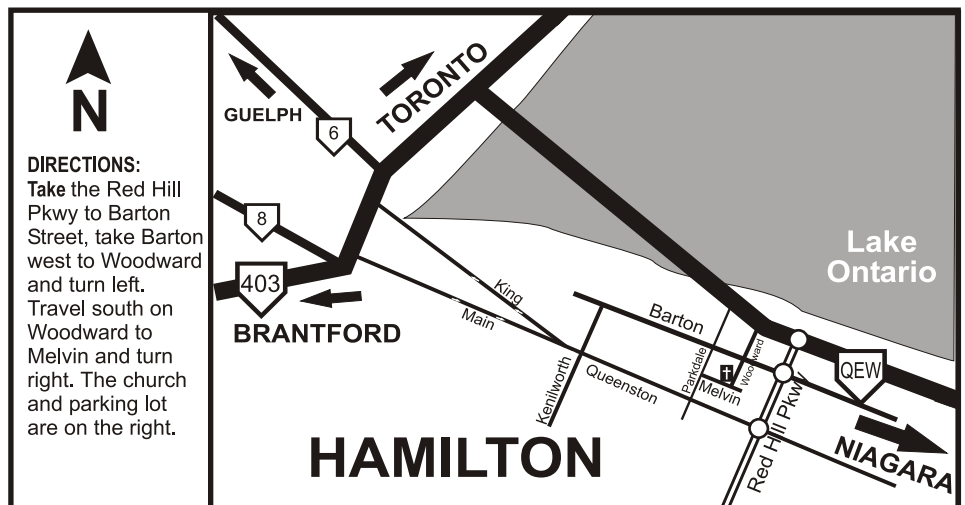
### Parish Priest

Archpriest Geoffrey Korz  
(905) 387-6907  
korzg@hotmail.com

[www.asna.ca](http://www.asna.ca)

## In this issue:

- Chinese Missions Dinner
- 2017 Vacation Church School
- Hidden News Contest!
- Tithing Challenge Update



### DIRECTIONS:

Take the Red Hill Pkwy to Barton Street, take Barton west to Woodward and turn left. Travel south on Woodward to Melvin and turn right. The church and parking lot are on the right.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>May 2017</h1> <i>In which we commemorate Saint George the Victorious</i>						
	1 St John of Decapolis 18	2 St John of Palestine Liturgy 10am (Chapel - call ahead) 19	3 St Theodore the Hairshirt Akathist to the Mother of God 6pm 20	4 HMar Januarius 21	5 Ap Nathanael ➡ Vespers 6pm St George - Brantford	6 St George Liturgy 10:30am St. George - Brantford Vespers 6pm Confessions to follow
7 Paralytic St Alexis of Wilkes-Barre Hours 10am Liturgy 10:30am ⊕ 24	8 Ap Mark 25	9 HMar Basil of Amasea Liturgy 10am (Chapel - call ahead) 26	10 Ap Symeon (70) Akathist to St George 6pm ➡ 27	11 Aps Jason & Sosiopater (70) 28	12 St Basil of Ostrog ➡ Akathist 7pm St George - Brantford	13 Ap James Vespers 6pm Confessions to follow 30
14 Samaritan Woman Hours 10am Liturgy 10:30am ⊕ 1	15 St Athanasios 2	16 M Timothy Liturgy 10am (Chapel - call ahead) 3	17 VMar Pelagia Akathist to St John Maximovitch 6pm ➡ 4	18 GMar Irene 5	19 Rt Job ➡ Akathist 7pm St George - Brantford	20 Sign of the Cross Vespers 6pm Confessions to follow 7
21 Ap John Hours 10am Liturgy 10:30am ⊕ ☞ ☞ 8	22 Pr Isaiah 9	23 Ap Simon the Zealot (No Liturgy) 10	24 Sts Cyril & Methodius Vespers 6pm ➡ 11	25 Ascension Liturgy 10:30am 12	26 St Epiphanius ➡ Akathist 7pm St George - Brantford	27 M Isidore Vespers 6pm Confessions to follow 14
28 St Pachomius Hours 10am Liturgy 10:30am ⊕	29 St Brendan 16	30 Ap Andronicus (70) Liturgy 10am (Chapel - call ahead)	31 M Theodotus Akathist - St Brendan 6pm ➡ 17	Black spaces refer to St. George Orthodox Church, <b>BRANTFORD</b> White spaces refer to services at All Saints of North America, <b>HAMILTON</b>		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>June 2017</h1> <i>In which we begin the Fast of the Holy Apostles</i>						
Servicetimes are approximate. Fasting Days are shaded. Dates are shown in civil dates (top date) and Julian (Church) Calendar dates (bottom date). ☞ - Wine & Oil Allowed ➡ Fish Allowed ☞ Milk & Cheese Allowed ⊕ Orthodox Church School ☞ Coffee Talk/Question Hour ☞ Charitable Works Collection				1 HMar Patrick 18	2 St Ethelbert, King ➡ Akathist 7pm St George - Brantford	3 Ss Constantine & Helen Vespers 6pm Confessions to follow 20
4 PENTECOST Hours 10am Liturgy 10:30am ⊕ Kneeling Prayers to follow	5 Holy Spirit 22	6 St Symeon Stylite Liturgy 10am (Chapel - call ahead) 23	7 3 <sup>rd</sup> Finding - Head of Baptist Akathist to the Holy Cross 6pm 24	8 Ap Carpus (70) 25	9 Ven Bede Akathist 7pm St George - Brantford	10 St Niketas, Conf Vespers 6pm Confessions to follow 27
11 All Saints Hours 10am Liturgy 10:30am ⊕ Akathist 5pm Chinese Missions Dinner 6pm 28	12 St Macrina Apostles' Fast Begins ☞ 29	13 Ap Hermes Liturgy 10am (Chapel - call ahead) ☞ 30	14 St Justin Martyr Akathist to St Nectarios 6pm 1	15 GM John of Suceava ☞ 2	16 St Chlotilde Akathist 7pm St George - Brantford	17 St Mitrophanes Vespers 6pm Confessions to follow ➡ 4
18 All Saints of North America Hours 10am Liturgy 10:30am ➡ Father's Day ⊕ ☞ ☞	19 Ven Bessarion ☞ 6	20 M Theodotus Liturgy 10am (Chapel - call ahead) ☞ 7	21 Relics - St Theo Akathist to the Martyrs of China 6pm 8	22 St Cyril of Alexandria ☞ 9	23 St Timothy of Prusa Akathist 7pm St George - Brantford	24 Martyrs of China Vespers 6pm Confessions to follow ➡ 11
25 All Saints of Britain Hours 10am Liturgy 10:30am ⊕ ➡ 12	26 M Antonina ☞ 13	27 Pr Elisha Liturgy 10am (Chapel - call ahead) ☞ 14	28 Pr Amos Akathist to the Mother of God 6pm 15	29 St Moses of Optina ☞ 16	30 M Nectan Akathist 7pm St George - Brantford	

**CAN YOU FIND IT?** Locate the "hidden" (in plain sight) news about the parish priest contained in this newsletter. Once you've successfully found the news item, email the priest at [korzg@hotmail.com](mailto:korzg@hotmail.com) – The first correct answer received wins a \$25 gift certificate for Desert Wisdom Books!



**2017 ORTHODOX  
VACATION  
CHURCH  
SCHOOL**

**July 10th – 14th, 2017  
9:00am to 3:15pm**

**St. Vladimir Ukrainian  
Orthodox Church, Hamilton**

*Primary • Junior • Intermediate • Senior  
Students Ages 5–17*

*Special thanks to all who continue  
to support our Sunday potluck  
lunches by bringing food to share.*

*May God bless you for your  
contribution to strengthening  
our church!*

Our Parish Patronal Feast  
of All Saints of North America  
*will take place on*  
**Sunday, June 18th, 2017**  
*Mark your calendar! Plan to join us!*

**PRAYING FOR OUR PARISH FAMILY** - An insert is included with this calendar – please remember these names daily in your prayers. You can email [korzg@hotmail.com](mailto:korzg@hotmail.com) for any needs requested. Please pray daily for each member of the parish, and for the departed.

**QUESTION HOUR** will take place following the potluck luncheon on Sunday, May 21st, and Sunday, June 18th. All who are interested in deepening their understanding of the Orthodox Christian faith are invited to attend.

**CHARITABLE WORKS COLLECTIONS** in support of those in need in our community will be taken up on Sunday, May 21st, and Sunday, June 18th.

**WE WISH MANY BLESSED YEARS** to George K. (May 6 Namesday), Reader George (Gerrit) L. (May 6 Namesday), George T. (Apr 23/May 6 Namesday), Father Mark L. (April 25/May 8 Namesday), Irene F. (May 5/18 Namesday), Irina C. (May 5/18 Namesday), Reader Sean R. (May 22 Birthday), Bethany (Juliana) R. (May 30 Birthday), Sara F. (May 17/30 Patron Saint - St Melangel), Zoran R. (June 1 Birthday), Samantha (Justina) P. (June 1 Namesday), Konstantin S. (June 2 Birthday, May 21/June 3 Namesday), Kosta R. (May 21/June 3 Namesday), T. (May 21/June 3 Namesday), Tina (Constantina) T. (May 21/June 3 Namesday), Caleb (Theodore) L. (June 8 Birthday), Natasha G. (June 8 Birthday), Justina D. (June 15 Birthday), Melanie P. (June 8/21 Namesday), Sasha M. (June 29 Birthday). Please advise the priest of any other occasions.

**ICONS** - ORIGINS  
HISTORY, AESTHETICS, TECHNIQUE

Artist Guennadi Kalinine will speak on the topic of ICONS with visual supports. From his experience as an artist, iconographer, and restorer, Kalinine - who hails from Russia - shares perspectives on the art of ICONS, and their place in culture, history, faith, and art. Casual discussion to follow.

WHEN: 1PM, Saturday, May 27th, 2017  
WHERE: BCFA - 10 Craig Blvd. Grimsby  
BCFA associates \$7, all others \$10

RSVP recommended: [bcfa@cogeco.ca](mailto:bcfa@cogeco.ca)

Also, see our annual Spring exhibition at BCFA from May 27th - June 3rd at [facebook.com/BCFAstudio](http://facebook.com/BCFAstudio)

For more information on the "ICONS" talk, the Spring exhibition, art classes... Tel, 289 235 9678 or [bcfa@cogeco.ca](mailto:bcfa@cogeco.ca)

# Grimsby Studio Hosts Icons Talk

AN ICON WORKSHOP, hosted by our own Bruno Capolongo, will take place May 27<sup>th</sup> at 1pm at BCFA studio in Grimsby, with guest speaker Guennadi Kalinine. Faithful and friends are encouraged to attend, to listen and discuss this topic that is intimately connected to our holy faith.

RSVPs are recommended to [bcfa@cogeco.ca](mailto:bcfa@cogeco.ca) For further information on the "ICONS" talk, the BCFA Spring exhibition or art classes, contact the studio at 289-235-9678 or [bcfa@cogeco.ca](mailto:bcfa@cogeco.ca).

*(Continued from front cover...)*

departed or far away, is an ideal method of self-sacrificing prayer, however brief; giving a list of names to the priest to pray for is even better.

Such steps are simple; even children can do these things. For adults, our responsibility and spiritual opportunity is greater. We can obtain and make available icons and spiritual books for friends, strangers, and especially for our own children, helping them to learn more about the ways in which God's holy ones have put the Bible into practice. We should give away possessions we no longer use, and which would be of help to others: not just old junk, but new and useful items, in particular. We can and should fast, normally

and with moderation, according to the timeless practice of Christ's Church.

Most challenging of all – and in many ways, most effective – is to tithe from our income. We readily give up our money for entertainment and food and luxury living, yet the ancient practice of sacrificing ten percent of our income still often seems a stretch, even for those who otherwise consider themselves faithful people. Recently, I challenged our faithful to extend their tithing one step further toward a complete tithe: to raise it one percent more than last year, in order to help meet some acute mission needs (see the chart below to compare your own tithe). Some faithful took up this challenge, while others have yet to

do so. The question must put us in mind of the Lord's own words, "Make friends with unrighteous mammon" (Luke 16:9), where Christ reminds us that our money only has spiritual value to us if we use it for righteousness during our life, to help us crack the habit of materialism, the idolatry that keeps us from receiving God's grace. We cannot do so only in theory; God allows us the material tools of this life.

To pray and keep remembrance of God without ceasing is a gift God gives to only a few. For the rest of us, we can and should use that which is at hand to acquire God's grace – an extremely low cost for such a powerful, eternal help. – FrG+

YOUR INCOME		YOUR WEEKLY TITHE			
Weekly	Annual	3%	5%	8%	10%
\$200	\$10,400	\$6	\$10	\$16	\$20
\$300	\$15,600	\$9	\$15	\$24	\$30
\$400	\$20,800	\$12	\$20	\$32	\$40
\$500	\$26,000	\$15	\$25	\$40	\$50
\$600	\$31,200	\$18	\$30	\$48	\$60
\$750	\$39,000	\$23	\$38	\$60	\$75
\$1,000	\$52,000	\$30	\$50	\$80	\$100
\$1,500	\$78,000	\$45	\$75	\$120	\$150
\$2,000	\$104,000	\$60	\$100	\$160	\$200