



# All Saints of North America Orthodox Church

**JANUARY & FEBRUARY 2012**

*"Ours must be an Orthodoxy of the heart, not just of the mind" - St. Tikhon of Zadonsk*

## Church Etiquette – Part 2

*(This article has been reprinted in numerous forms, but its contents warrant reprinting here.)*

### Talking During Church

It is wonderful to come to church and see friends and family members, but we should wait until coffee hour to say hello to them. It isn't appropriate to greet people and have a conversation during services. Besides being disrespectful towards God, it is rude towards the other people in the church who are trying to pray. Talk to God while in church, through prayers, hymns, and thanksgiving - and to friends in the hall afterwards.

### Kiss (Don't Shake) the Priest's or Bishop's Hand

Did you know that the proper way to greet a priest or bishop is to ask his blessing and kiss his right hand? How do you do this? Approach the priest or bishop with your right hand over your left hand and say "Father (or "Master" in the case of the bishop), bless." [He will make the sign of the cross, and place his right hand over yours.] This is much more appropriate (and traditional) than shaking their hands. When we kiss their hand, we show reverence for the hand which holds the Body of Christ at Communion; even priests kiss each other's hand for this reason. Next time you greet your priest or bishop, don't shake his hand: ask for his blessing.

### Sunday Dress

Remember the time when people put on their "Sunday best" to go to church? All too often, dress in church has become too casual. In all areas of our lives, we should offer Christ our best, and the same is true of our dress. This means dressing modestly, not in a flashy way that would bring attention to ourselves. Our dress should always be becoming of a Christian - especially at church.  
*(Continued...)*

## The Nativity of Christ



**December 25, 2011  
January 7, 2012**

## Where to find us

### Church Address

397 Melvin Avenue at  
Woodward Avenue

### Mailing Address

c/o 10 Princip Street  
Hamilton, Ontario  
L8W 2M3

### Parish Telephone

(905) 318-6436

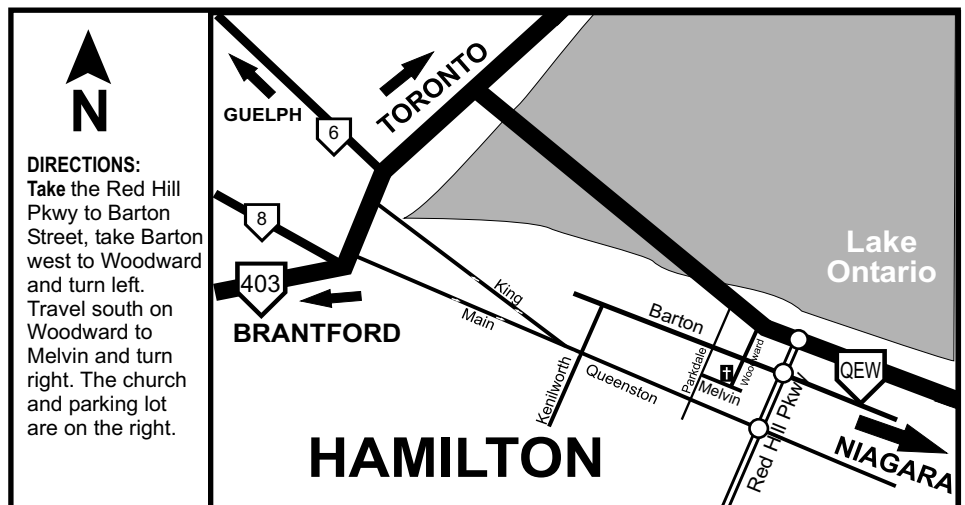
### Parish Priest

Father Geoffrey Korz  
(905) 387-6907  
korzg@hotmail.com

[www.asna.ca](http://www.asna.ca)

### In this issue:

- Parish Meeting & Security Report
- Nativity Service Calendar
- An Orthodox Anecdote:  
*Saint John of San Francisco*



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>January 2012</h1> <p><i>In which we commemorate the Nativity of Christ</i></p>						
1 St Boniface of Tarsus <b>Liturgy 10am</b> Prayers for New year to follow 19	2 St John of Kronstadt 20	3 Martyr Juliana <i>Liturgy 10am</i> (Chapel - call ahead) 21	4 GMar Anastasia of Rome <b>Akathist 6pm</b> 22	5 St Nahum of Ochrid 23	6 Eve of Nativity <b>Vespers 5pm</b> Potluck 6pm Concert to follow <b>Compline 8pm</b> 24	7 Nativity of Christ <b>Liturgy 10am</b> Luncheon to follow <b>Vespers 6pm</b> 25
8 Synaxis of the Theotokos <b>Liturgy 10am</b> OCS & OC start 26	9 St Stephen 27	10 20,000 Martyrs of Nicodemia <i>Liturgy 10am</i> (Chapel - call ahead)28	11 Holy Innocents <b>Akathist 6pm</b> 29	12 St Anysia 30	13 St Melania Vespers 6pm 31	14 Circumcision of the Lord; St Basil <b>Liturgy of St Basil 10am</b> <b>Vespers 6pm</b> 1
15 St Seraphim of Sarov <b>Liturgy 10am</b> OCS & Question Hour to follow 2	16 St Genevieve of Paris 3	17 Seventy Apostles <i>Liturgy 10am</i> (Chapel - call ahead) 4	18 Eve of Theophany <b>Compline 6pm</b> ☞ - Strict Fast 5	19 Theophany <b>Liturgy 10am</b> Blessing of waters to follow 6	20 Synaxis of John the Baptist 7	21 St George the Chozebite <b>Vespers 6pm</b> 8
22 St Aidan of Canterbury <b>Liturgy 10am</b> Blessing of waters at Lake Ontario; Charitable works collection 9	23 St Gregory of Nyssa 10	24 St Theodosius the Great <i>Liturgy 10am</i> (Chapel - call ahead) 11	25 St Tatiana <b>Akathist 6pm</b> 12	26 St Hilary of Poitiers Afternoon/Evening: <b>House blessings</b> - Hamilton 13	27 St Sava, St Nina of Georgia 14	28 St Paul of Thebes Orthodox Brotherhood Breakfast 9:30am <b>House blessings</b> - Burlington to Toronto <b>Vespers 6pm</b> 15
29 Chains of St Peter <b>Liturgy 10am</b> Parish Annual Meeting to follow 16	30 St Anthony the Great Evening: <b>House blessings</b> - Brantford & Paris 17	31 St Athanasios the Great <i>Liturgy 10am</i> (Chapel - call ahead) 18	<p><i>Fasting Days are shaded. All service times are approximate. Most services preceded by the reading of the Hours. Dates are shown in civil dates (top date) and Julian (Church) Calendar (bottom date). Please call ahead for any services scheduled in the Domestic Chapel.</i></p> <p>☞ - Wine &amp; Oil Allowed ☞ - Dairy Allowed ☞ - Fish Allowed OCS - Orthodox Church School OC - Orthodox Circle Youth; Hmar: Hieromartyr (Bishop/Priest); (70) Apostle of the Seventy; VMar: Virgin Martyr; Ap: Apostle; GMar: Great Martyr; Hmk: Hieromonk (Priestmonk); Conf: Confessor</p>			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>February 2012</h1> <p><i>In which we begin the Holy Fast of Great Lent</i></p>						
			1 St Macarius the Great <b>Akathist 6pm</b> 19	2 St Euthemius the Great 20	3 St Maximos the Confessor 21	4 St Timothy (70) Day: <b>House blessings</b> - Niagara Vespers 6pm 22
5 St Clement of Ancyra, Publican & Pharisee <b>Liturgy 10am</b> Vespers 6pm OSS & OC	6 St Xenia <b>Liturgy 10am</b> 24	7 St Gregory the Theologian <b>(No Liturgy)</b> 25	8 St Xenophon <b>Akathist 6pm</b> 26	9 Translation of Relics of St John Chrysostom 27	10 St Ephraim the Syrian 28	11 Translation of the Relics of St Ignatius <b>Vespers 6pm</b> 29
12 Three Hierarchs, Prodigal Son <b>Liturgy 10am</b> Charitable works collection OSS & OC 30	13 Holy Unmercenaries Cyrus & John 31	14 Martyr Tryphon <b>Vespers 6pm</b> 1	15 Meeting of the Lord <b>Liturgy 10am</b> <b>Akathist 6pm</b> 2	16 Sts Symeon & Anna 3	17 St Isidore of Pelusium 4	18 Hmar Agatha <b>Vespers 6pm</b> 5
19 VMar Dorothy Meatfare Sunday <b>Liturgy 10am</b> OCS & Question Hour to follow 6	20 St Parthenius ☞ 7	21 St Theodore the General <b>Liturgy 10am</b> (Chapel - call ahead) ☞ 8	22 Martyr Nicephoros <b>Akathist 6pm</b> ☞ 9	23 Hmar Charalampus ☞ 10	24 St Blaise ☞ 11	25 St Miletius of Antioch <b>Vespers 6pm</b> ☞ 12
26 Cheesefare (Forgiveness) Sunday <b>Liturgy 10am</b> Forgiveness Vespers, OCS & OC to follow ☞	27 St Raphael of Brooklyn <b>Great Lent Begins</b> <b>Canon 6pm</b> 14	28 St Onesimus (70) <b>Typica 10am</b> (Chapel - call ahead) <b>Canon 6pm</b> 15	29 Hmar Pamphylus <b>Canon 6pm</b> 16	<p>The Canon of St. Andrew of Crete will take place each evening, Monday to Friday, at 6pm during the first week of Great Lent.</p>		

# SECURITY REPORT

Over the last two years, our parish has experienced a number of ongoing security issues, hate-motivated attacks, and vandalism. These include:

- Graffiti on the front and west parking-lot walls (3 incidents);
- Vandalism of Trash Bin;
- Anti-Christian Vandalism (2 incidents);
- Dangerous Debris including metal and glass;
- Anti-Christian remarks from passing vehicles (4 incidents);

### *What the Parish is ALREADY doing, thanks to your support:*

- Planned installation of handrails and fencing to discourage skateboarders, loiterers, and trespasses;
- Meetings with Hamilton police to arrange surveillance and received recommendations
- Installation of outdoor music speaker to deter loitering

### *What You Can Do as an Individual:*

- Pick up Garbage and debris in the parking lot, on the front grass and steps, and along the Woodward Avenue (east) side of the building. A litter-free building dissuades vandals,
- Cheerfully Greet Passers-by, including those using our parking lot. A human presence on the property helps move the problems out of our area.
- Report and Suspicious Activity of Vandalism to the warden or priest; photograph any vandalism



The next Brotherhood Breakfast will take place on **Saturday, January 28<sup>th</sup> at 9:30am.**

Brothers are asked to bring a breakfast food or dish to share.

A speaker, discussion, and social hour will likely be part of this meeting of the Brotherhood.

## THE PARISH ANNUAL MEETING

will take place on  
**Sunday, January 29<sup>th</sup>, 2012**  
*following Liturgy & Lunch*

This is the main opportunity for the parish to meet together to plan for the year ahead.  
**Please make every effort to attend.**



## Nativity Services

Eve of Nativity, Friday, January 6, 2012

Vespers 5pm – Potluck Dinner 6pm

Christmas Eve Concert – Great Compline 8pm

Musicians, singers, and poets - both children and adults - are invited to be part of the informal Christmas Eve Concert following dinner



Nativity of Our Lord, Saturday, January 7, 2012

Divine Liturgy - 10am (Followed by Luncheon at Karolina's)

Please RSVP in advance for Luncheon to [korzg@hotmail.com](mailto:korzg@hotmail.com)

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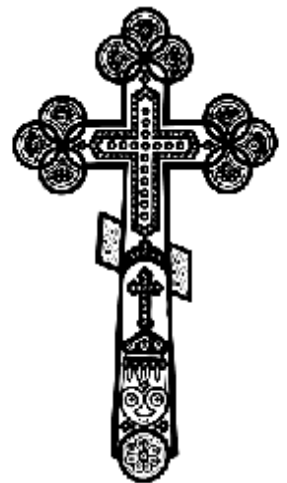
**ORTHODOX CHURCH SCHOOL (ages 4-10) and ORTHODOX CIRCLE (for teens) will take place most Sundays following the Potluck Luncheon. These programs are designed to help our younger members integrate their faith into their daily lives. For most of our kids, this is the only time in their week they will spend being educated together with other Orthodox youth: please make every effort to allow them to attend each week.**

**CHARITABLE WORKS COLLECTIONS will be take up on Sunday, January 22<sup>nd</sup> and February 12<sup>th</sup>, in support of those in need in our parish and community.**

**QUESTION HOUR will take place following the Sunday Liturgy on January 15<sup>th</sup> and February 19<sup>th</sup>.**

**PRAYING FOR OUR PARISH FAMILY - An insert is included with this calendar – please remember these names daily in your prayers. You can email [korzg@hotmail.com](mailto:korzg@hotmail.com) to forward requests to our Orthodox Prayer Circle, a circle of faithful sisters who will pray daily for any needs requested. Our prayers for each other are important – please pray daily for each member of the parish.**

**MANY YEARS! - We wish many blessed years to Diaconissa Judy C., Joshua C. (Namesdays, Sunday before Nativity (Namesday) Melanie P. (Dec 31/Jan 13 Namesday), Zeina N. (Dec 24 / Jan 6 Namesday, Martyr Eugenia of Rome), Vicki R., Vasili (Bill) H., Vasoulla N. (Jan 1/14 Nday), Joshua C. (Jan 10 Bday), Bethany (Juliana) R. (Jan 2/15 Nday - St Juliana of Lazarevo), John L (Jan 15 Bday), Aleksandar (Aleks) M. (Jan 15) Anthony O. Sr. & Jr. (Jan 4/17 Nday), Sophia H. (Jan 17 Birthday), John D., Reader John F., John (Praneet) P., John L. (Jan 7/20 Nday), Sophia K. (Jan 21 Bday) Kristen (Kristina) L. (Jan 30 Bday), Claudia A. (Feb 2 Bday), Maraym (Viva) Nsair (Feb 6 Bday), Branislav (Bob) M. (Feb 14). Please advise the priest of any other occasion.**



(Above right: An Alaskan Native style Orthodox cross)

# Orthodox Anecdotes

In the 1960s, when St. John Maximovitch was Archbishop at the Old Cathedral in San Francisco, he was shocked to see the number of women who came to church wearing makeup – and even to Holy Communion wearing lipstick.



Saint John decided he would solve the problem right away. Each Sunday, he stationed an acolyte with a pail of water, soap, and a scrub brush at the door of the cathedral, asking all the women wearing makeup to scrub their faces before entering the church.

If you visit the Old Cathedral in San Francisco today, you will no longer find Saint John there: his relics are in the New Cathedral, some distance away. Neither will you find the acolyte with the water pail.

Apparently, Saint John's plan must have worked.



## Church Etiquette – Part 2

(Continued from front cover)

Short pants, beach wear, and t-shirts with any kind of writing are not appropriate for church. Shoes or sandals should be clean and tied. Shoulders and midriffs should be covered; miniskirts and tight-fitting dresses or skirts should be avoided. Dresses should be modestly cut, with full backs, and not be cut low in the front. Shirt buttons should be done up (the actual collar button may be left undone, but two or three buttons undone is inappropriate). If you're going somewhere after church where you need to dress casually, bring a change of clothing with you and change after the service. Remember, good judgment and good taste when dressing for church. After all, we don't go to be seen by everyone else — we go to meet and worship God.

### To Cross or Not To Cross

Anyone who has looked around on a Sunday morning will notice that different people cross themselves at different times. To a certain extent, when to cross oneself is according to personal piety and not an issue of dogma. But there are times when it is specifically proper to make the sign of the cross, and times when one should not. Here is a brief list of when to cross and when not to cross:

**To Cross:** When you hear one of the variations of the phrase, "Father, Son, and Holy Spirit"; at the beginning and end of the liturgical service or your private prayers; entering or exiting the church, or when passing in front of the Holy Altar; before venerating in icon, the cross, or Gospel book.

**Not to Cross:** At the chalice before or after taking Communion (you might hit the chalice with your hand); when the priest or bishop blesses saying, "Peace be to all" — bow slightly and receive the blessing; when receiving a blessing from a bishop or a priest (kissing the right hand of the bishop or priest is appropriate, but not making the sign of the cross).

### Touching the Hem of the Priest's Garments

Some people touch the hem of the priest's phelonion as he goes through the congregation for the Great Entrance (this is common among Greeks, but not among Slavs - Ed.). This is a nice, pious custom by which you "attach" your personal prayers to the prayer of the entrance with the holy gifts. At the same time, be careful neither to grab too hard and trip up the Great Entrance, nor to push people out of the way. Be sure to help your children so that they observe these guidelines as well.

### Snacks for Children

Very young children (two and under) may need to eat before Sunday Liturgy, or possibly to snack or nurse. For such young children, this is acceptable, but it should always be done outside the nave (usually in the parish hall). By the time children are 3-4 years old, they should be able to make it through Liturgy without eating anything, and by the time they reach six or seven (the age of their first confession), they should begin fasting on Sunday morning for Communion (or at least make an attempt at fasting by cutting back on the amount of breakfast and eating "fasting"-type foods — talk to your priest about this). As is the case for adults, it is not appropriate to chew gum in church at any time.

### Handling the Holy Bread

After taking Holy Communion and at the end of the liturgy, it is traditional to eat a piece of holy bread (antidoron) — the bread that was left over after Holy Communion was prepared. While antidoron is not Holy Communion, it is blessed bread and as such, should be eaten carefully so that crumbs don't fall all over the place. After taking Communion or kissing the cross at the end of the Divine Liturgy, take one piece of antidoron (you don't need four or five pieces, unless you are taking it to partake of each day before breakfast, with holy water), and eat it, trying not to drop crumbs. If you want to give a piece to someone else, go ahead and take an extra piece — don't break yours in half (it produces too many crumbs). Monitor children as they take the antidoron and teach them to eat it respectfully.

### A Final Thought

North American society in our century is rather casual in its approach to life. Don't allow this prevailing attitude to enter into your Orthodox Christian piety. There are surely a lot of other areas that could be covered here. Much of church etiquette is based on common sense and showing respect for God and others. Always remember that you are in church to worship God, the Holy Trinity. The priest says, "With the fear of God and faith and love, draw near." Let this be the way you approach all of worship. If you do, you will probably have good church etiquette. +